

Specialist mental health services for former armed forces personnel (veterans)

Services in the North of England*



Veterans' High Intensity Service (HIS)	The HIS supports local mental health services when a veteran is in crisis.
Veterans' Complex Treatment Service (CTS)	The CTS is an enhanced local and community-based service for veterans who have military-related complex mental health problems that have not improved with earlier care and treatment.
Veterans' Mental Health Transition, Intervention and Liaison Service (TILS)	The TILS is a community-based service for veterans and those transitioning out of the armed forces with a discharge date. It provides a range of treatment, from recognising the early signs of mental health problems and providing access to early support, to therapeutic treatment for complex mental health difficulties and psychological trauma.

If you are an armed forces veteran (minimum service of one day) and need mental health support you can speak to your GP or contact the NHS Veterans' Transition Intervention and Liaison Service (TILS) in the first instance on 0303 123 1145 or email vwals@nhs.net

*These are service commissioned by NHS England. They work alongside other local specialist mental health services for veterans.