



# Patient Participation Group Newsletter

Your Practice (WATERFOOT GROUP OF DOCTORS)



**IT'S THAT TIME OF THE YEAR AGAIN...**

### Going abroad...

Still looking forward to your summer holiday? Lucky you! But make sure you leave enough time before you fly off for your travel vaccinations. An appointment at least a month before your departure date with one of our nurses will get it all sorted out. Bon voyage!

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### **... Or off to university?**

If you haven't had your ACWY meningitis vaccination, our nurses are currently running clinics. Book your appointment now, and put your mum's mind at rest (about this at least)!

### **And looking forward to autumn**

Flu vaccine clinics will be starting up soon. Nasal vaccines are available for those children meeting the specified criteria. And the new cohort of shingles vaccines will also soon be available. Book now and be prepared!

### **SMEAR CAMPAIGN**

Well done to our cancer champions on getting record numbers of 25 year-olds in for their first smear tests.

### **BEST FOOT FORWARD**

It's the 50<sup>th</sup> anniversary of the Rossendale 'Round The Hills' walk on Sunday 3<sup>rd</sup> September. Join in and celebrate our wonderful heritage and countryside by completing the full 18 mile walk, or the slightly shorter 15 mile route. Starting times 8 - 10.30am at Marl Pits. Ask Rossendale Rotary for more information.



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### **GREEN THUMBS UP**

Our garden boxes are in need of attention. Are there any keen gardeners among our patients? Could you give an hour or two every so often to give them some TLC? For more information, ask our Strategic Director, John Doherty. Thank you.

### **YOU SAY GOODBYE, I SAY HELLO**

This summer we're saying "goodbye and thank you" to Dr. Awan, as he moves on to pastures new.

However, we're thrilled to welcome Dr. Kate Hinchliffe, our new permanent member of clinical staff. And a warm Waterfoot welcome, too, to our new registrar Dr. Ryan Peers, and our new FY2 Dr. Thomas Simpson.

## Your Locality (Rossendale)

### Out of Hospital Care for Children & Young People – Rossendale pilot

Led by both East Lancashire Hospitals trust (ELHT) and the East Lancs Union (EU) Federation with support from CCG Commissioners this project is now live. One of the principal aims is to provide improved working relationships between primary care, secondary care and wider partners through closer links and Multi-Disciplinary Team (MDT) working. Joint MDTs are now taking place every 6 weeks between practitioners that draw up care plans for more complex cases to reduce admissions to secondary care. This will ensure that patients get seen in the most appropriate service and that GPs feel supported to manage care locally with Consultant led clinical expertise.

### Dementia Friendly Rossendale (DFR)

The Dementia Friendly Rossendale team have recently issued their spring newsletter and one of the key activities during 2017 was supporting locally the national Dementia Awareness Week which took place in May and some of the many activities included:-

- Reminiscence steam train trips on East Lancs Railway (included 250 people in collaboration the Dementia Friendly Community in Bury)
- Information stalls in our major supermarkets
- A dementia awareness drama presentation
- Business and community awareness events
- The dementia virtual tour
- Awareness events in our health centres
- Opportunities to get free advice on legal issues covering dementia

Of significance DFR have been able to launch both the Safe Places and Dementia Buddies initiatives that have been designed with safety in mind for those affected by Dementia. DFR is to hold a Summer Wind music event in October with local groups and singers participating and Dementia advisors on hand for people to speak to about the condition.

In addition DFR will shortly be launching its new logo which followed a competition involving school children. Finally a memory walk in Bacup is being planned in collaboration with the local health centres.

More DFR news is available @DementiaRoss whilst any specific queries can be directed to [dementia.rossendale@gmail.com](mailto:dementia.rossendale@gmail.com)

## Rossendale Initiatives recognised in CCG Awards

A number of Rossendale locality initiatives were recognised in the CCG annual awards where two projects in particular were awarded prizes. The projects recognised were:-

- Outstanding Locality Work – Rossendale Asylum Seeker Support Group
- Recognition of Third Sector Partners – Rossendale REAL Directory of Service
- Patient Representative of the Year – Sue Hemsley Volunteer with Dementia Friendly Rossendale
- Outstanding Locality Work – Rossendale Befriending Service
- Constructive Partnership Working – Rossendale Community Paramedic
- Team of the Year – Rossendale INT

The first two initiatives beat off competition to win prizes and are included in the photos below:-



Picture 1 - Cllr Barbara Ashworth (on behalf of the Rossendale Asylum Seeker Support Group) with Dr Tom Mackenzie

Picture 2 – Matt Wiseman representing REAL Rossendale who developed the Rossendale Directory of Services.

## Moving towards establishing a Community Health and Care Partnership

The Rossendale locality are progressing the development of a Community Health Partnership through the extension of its current Steering Group structure, although there is much to discuss. This could also allow for the development of new collaborations, ways of working and learning, raising awareness of the role of partners (resource and expertise), a collective focus in joining up existing programmes and projects, plus an early action approach for those at risk or vulnerable. The extended Steering Group

would include amongst others representatives from Rossendale Borough Council, Police and Fire Services and Lancashire County Council, plus other key stakeholders.

## **Community Paramedic**

The Rossendale Community Paramedic (Paramedic Richard Peters) has now reported on his project. There have been three key aspects to his role:-

- a) Operating a 999 rapid response for approximately 30% of his time
- b) Co-hosted and undertake clinical practice at Illex View Medical Practice, Rawtenstall for approximately 20% of his time
- c) Time protected for system leadership and special projects such as Frequent 999 callers, Care home visits, Integrated Neighbourhood Teams, School visits and supporting the Rossendale first responders

Although employed directly by North West Ambulance Service (NWAS) he has been working closely with the Rossendale GP Practices and mentored by Dr Zeenat Sykes of the Illex View Medical Practice.

This project was to have finished at 31 March 2017, but has been extended for a further 4 months and it is hoped can be extended beyond this initial extension as there is evidence that this role has both had a positive effect on local emergency response times and freed up some GP time.

## **Your CCG (East Lancashire)**

### **Together A Healthier Future Events**

Together A Healthier Future are holding a series of events for members of the public, in which they will provide an update on the progress of future health & social care plans across Pennine Lancashire.

Together A Healthier Future aims to improve health and wellbeing whilst ensuring health and social care services meet residents' needs. It also aims to meet the tough financial challenge in the next few years.

To see a list of dates and to book visit:

<http://togethераhealthierfuture.org.uk/help-shape-future-local-health-care/>

### **Fast track cancer doc wins senior veterans title at NHS Triathlon**

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Local Cancer GP, Dr Neil Smith, has won his age group category in the NHS triathlon championships, which took place on Saturday 17th June. He completed the 400m swim; 10 mile bike and 3 mile run in a time of 57 minutes and 5 seconds to take the senior veterans title. Read the full story on the East Lancashire CCG website at: [www.eastlancscg.nhs.uk/news](http://www.eastlancscg.nhs.uk/news)



### **Red bag pilot scheme across Pennine Lancs**

Care homes across Pennine Lancashire are piloting a new red bag scheme. Red bags featuring the "Together A Healthier Future" logo, will accompany care home residents to and from hospital. The red bag is a convenient and portable way of ensuring that all the necessary documents and personal items accompany the care home resident and follows them from admission, during their hospital stay, and then following discharge, back to the care home. The red bag is easily identifiable and designed to hold all the essential belongings and standardised documents that care home and hospital staff need when a patient is admitted to hospital.



### **Living Well with Dementia in East Lancashire**

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Living Well with Dementia is a website which provides support, information and access to local groups in East Lancashire for anyone who is affected by dementia.

The website has designated sections for people with dementia, carers of those with dementia and professionals. Visit the website at:

<http://www.eastlancsdementia.org/>

### **GP Online Services**

Patients are being encouraged to sign up to GP online services, to enable them to book/cancel appointments and order repeat prescriptions online from a smartphone, tablet or computer. Patients can review which medication they should be taking, the dosage and when it should be taken. GP online services is accessible 24 hours, seven days a week, so patients can access these services whenever is convenient for them.

To register for GP online services patients need to fill out a form at their GP surgery and show two forms of identification, one of which should include a photo (such as a passport or driving licence).

To find out more about GP online services, visit the NHS choices website:

<http://www.nhs.uk/NHSEngland/AboutNHSservices/doctors/Pages/gp-online-services.aspx>

### **Have your say on home care services!**

Healthwatch Lancashire, the public voice of health and social care is seeking views from those who receive home care services, including friends, relatives or carers of those who do.

Healthwatch Lancashire, working with East Lancashire CCG, will undertake a series of interviews and surveys to find out what matters most to people who receive care in their own home.

To complete the survey go to:

<https://www.surveymonkey.co.uk/r/HWLhomecarefeedback>